



About Me

I am a student at the Faculty of Psychology, class of 2020. I am diligent, responsible, and enjoy learning. Detail-oriented in completing tasks, disciplined in studying, and committed to carrying out responsibilities with integrity. I also have prior work experience.

Skill

- Observation and Interview
- Proficient in Microsoft Office (Word, Excel, PowerPoint)
- Able to transcribe documents
- Able to work effectively in a team
- Strong Communication Skills
- Proficient in Occupational Health and Safety (OHS) duties and responsibilities

Education

Universitas Kristen Maranatha Tahun Lulus 2025

- Currently in the 7th semester with a GPA of 3.52/4.00
- Courses taken: Psychological Testing, Writing Techniques in Psychology, Personality Description, Inventory

FRISKA MARYUNELIA SINGGALEN

Experience

Member of HIMA WeCare2022

- Responsible for designing and publishing an e-booklet as event media.
- Actively communicated and coordinated with external communities to support program implementation.

Member of HIMA FORKOM 2023

- Responsible for collecting and evaluating student learning data.
- Designed and created a digital survey to support program evaluation needs.

Member of HIMA PPM (Potential Students Engagement) 2023-2024

- Responsible for preparing material and creating business game simulations for HIMA candidates.
- Conducted data input from observations and psychological tests for HIMA candidates.

General Occupational Safety and Health (OHS) Expert Certification - Ministry of Manpower, Indonesia (2025)

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📍 Bandung